Community Colleges of Spokane

INTERCOLLEGIATE ATHLETIC PARTICIPATION INFORMED ACKNOWLEDGMENT OF HAZARDS AND RISKS

THIS FORM MUST BE SIGNED BY THE STUDENT (AND PARENT OR LEGAL GUARDIAN IF THE STUDENT IS UNDER 18 YEARS OF AGE.) PLEASE READ CAREFULLY AND BE SURE YOU UNDERSTAND BEFORE YOU SIGN.

If you have questions or concerns, contact Ken Burrus, Director of Athletics at 509-533-7220 before signing.

WARNING

Participation in any athletic activity can involve injury of some type to either yourself or a fellow student athlete. Such injury can include direct physical and possibly crippling injury to one's body. There is also the possibility of suffering emotional distress or psychological injury as a result of witnessing or actually inflicting injury to another. The severity of such injury can range from minor cuts, scrapes, bruises, muscle strains, bone fractures and dislocations to catastrophic injury, such as paralysis or death. Such injury can impair one's general physical and mental health and hinder one's future ability to earn a living, to engage in other business, social, and recreational activities, and generally to enjoy life.

Athletics are competitive team and individual sports. Athletics involve the RISKS OF SERIOUS INJURY OR DEATH. Injuries in sports are common, and occur to all parts of the body, including the head and neck, shoulders, arms, chest, hands and fingers, hips and legs, knees, and ankles and feet.

The risks of injury in sport include the possibility of injury to the neck and spinal column or cord, resulting in complete or partial paralysis; injury to the head, resulting in brain damage; and injury to the body's bones, joints, ligaments, muscles, tendons, and other aspects of the musculoskeletal system. Injury to the body's nerves, the heart and blood vessels, and other internal reproductive organs is also possible. Such injuries may cause temporary or permanent disability.

Fatalities in athletics typically are caused by direct blows to the chest or from head and neck injuries caused by being hit with flying objects or by colliding with other players or stationary objects.

Pre-existing medical conditions, including illness, disease, and prior injuries can be aggravated or cause other injuries while engaged in athletics. Use of drugs, alcohol, or medications can contribute to injury or illness while participating in athletic activity. Some injuries may be caused as a result of poor physical conditioning and overexertion. Such overexertion can result in injury to muscles, the heart, and other body parts, resulting in sprains and strains, cardiac or cardiopulmonary arrest, and other medical conditions.

Athletic injuries can also result from the use of correct or incorrect playing techniques used in tryouts, practices, warm-ups, drills, games, plays, or other similar undertakings. Injury to the head or other parts of the body can result from contact with other participants, the playing surface, training equipment, and other solid objects in and around the playing area. Injury can result from the improper fit of equipment, defective or worn out equipment and failing to use equipment or other protective gear.

Injury can result from training room procedures; from the use of training equipment; from the administration of first aid; or from failing to follow game, training, safety, or other team rules. Injury may result from the use of playing techniques taught or from teaching methods employed by the coaches of this community college. The use of transportation provided or arranged by the college to and from athletic contests and other related activities also involves a risk of injury or death.

The purpose of this WARNING is to bring your attention to the existence of potential dangers associated with athletic participation. There is always the risk of other types of injuries or the risk of injury or death resulting from other causes not specified here.

The purpose of this WARNING is also to aid you in making an informed decision as to whether you (or your child or ward) should participate in this athletic activity and, as a condition of such participation, sign the foregoing ACKNOWLEDGMENT OF HAZARDS AND RISKS CONNECTED WITH PARTICIPATION IN ATHLETICS. In addition, its purpose is to make you aware that as a student athlete (or as a parent or guardian of a student athlete), it is your responsibility to learn about and/or to ask coaches, physicians, or other knowledgeable persons about any concerns that you might have at any time regarding athletic safety and participation in the Community Colleges of Spokane athletic program.

STUDENT-PARENTAL ACKNOWLEDGMENT OF HAZARDS AND RISKS

I have read the above WARNING, which is incorporated here by reference, and I understand that athletics are a sport involving the RISKS OF INJURY OR DEATH. I also understand that by participating (or by permitting my child or ward to participate) in the athletic program at Community Colleges of Spokane, I (my child or ward) am subject to the possibility of injury or death as outlined in the WARNING above. FURTHERMORE, BY SIGNING THIS ACKNOWLEDGMENT OF HAZARDS AND RISKS, I ACKNOWLEDGE THAT I HAVE READ ITS CONTENTS AND WARNING, AND THAT I AGREE TO ITS TERMS AND CHOOSE TO PARTICIPATE (OR TO PERMIT MY CHILD OR WARD TO PARTICIPATE) IN THE INTERCOLLEGIATE ATHLETIC PROGRAM AT COMMUNITY COLLEGES OF SPOKANE.

Student Name (Printed)

Student Signature **Date**

Sport(s) participating in

Parent/Guardian Name (Printed)

Parent/Guardian Name Signature **Date**
(Required if student is under 18 yrs of age)