

ARTICULATION AGREEMENT
Eastern Washington University (EWU)
And
Spokane Falls Community College (SFCC)

Purpose:

To establish an agreement whereby the criteria for seamless transition of the **Health Fitness Technology program at SFCC and the Exercise Science program at EWU** is established. Students who complete the course work identified by this agreement for award of an Associate of Applied Science (AAS) degree in Health Fitness Technology at SFCC will be granted Junior (3rd year) standing for study of Exercise Science at EWU. This agreement is intended to eliminate duplication of course work and is consistent with the goals and objectives of both institutions.

Assumptions:

A minimum of 2.25 in each transferred Exercise Science course is required
A minimum of 2.0 in supporting courses, science, psychology or communications is required
Admission to the Exercise Science program at EWU requires a minimum grade point of 2.5
Students must complete 90 credit hours at EWU.
Students must have at least 60 credit hours of upper division (300 or 400 level).
The Exercise Science major consists of 36-37 credit hours of mandatory courses.
Residency requirements must be met.
Transcripts will reflect specific SFCC course numbers for which credit is awarded based on experience or training.

General Education Core Requirements:

Pre-university basic skills (0 - 16 credits with 2.0 GPA)

- Computer literacy (exam or CPLA 100). 1 credit
- Writing (ENGL 100 or pass a writing test), 5 credits
- Mathematics (intermediate algebra or pass a math test), 5 credits

University competencies (0-6 credits with 2.0 GPA)

- Computer literacy (exam or CPLA 101), 1 credit
- Writing (ENGL 101), 5 credits

University proficiencies (5 – 10 credits with 2.0 GPA)

- Writing (ENGL 201), 5 credits
- Mathematics (0 – 5 credits) may be satisfied by the following courses:
 1. MATH 115 (Mathematical reasoning)
 2. MATH 106 (Precalculus mathematics II)
 3. MATH 161 (Calculus I)
 4. MATH 200 (Finite)
 5. MATH 308 (Elementary probability statistics)
 6. MATH 211 & 212 (Structure of Elementary Math I & II)

Core requirements (8 courses and 40 credits) are subject to a previously negotiated agreement.

Courses taken from humanities and fine arts, social sciences, and natural sciences. Two courses taken from one area and three taken from the other two areas.

University graduation requirements:

1. Cultural and Gender Diversity and International Studies
 - a. Eight (8) credits minimum ; 4 from each area.
 - b. Only one course can be from the primary major department.
2. Senior capstone. PEHR 490 – Capstone in Exercise Science and Health Promotion and Wellness (4 credits)

SFCC/EWU Articulation

A four year plan is included with all course work at both institutions listed.

This articulation agreement provides the following exercise science course work at EWU for award of a BS in Exercise Science.

Course equivalency SFCC to EWU

HLTH 174 (3) First Aid is equivalent to HLED 192 (3) Sport Safety Training
A&P 242 (5) and 243 (5) Anatomy and Physiology is equivalent to BIOL 232 (5), 233 (5), 234 (5) Anatomy and Physiology
FMT 106 (5) Anatomical and Physiological Kinesiology is equivalent to PHED 249 (4) Anatomical Kinesiology
PE 270 (3) Nutrition for Fitness is equivalent to HLED 372 (3) Applied Nutrition and Physical Fitness
FMT 225 (3) Personal Training is equivalent to PHED 332 (2) Personal Training Professional Lab
FMT 119 (3) Principles of Strength Training is equivalent to PHED 335 (2) Fitness Professional Lab

SFCC courses that will be accepted for transfer credit as electives

HLTH 101 (3) Health and Wellness
HLTH 104 (3) Stress Management
FMT 111 (5) Physiology of Exercise

FMT 112 (3) Exercise and Aging
 FMT 115 (3) Leadership Dynamics
 NUTR 251 (5) Nutrition

SFCC courses that fulfill the International Studies requirement at EWU include, Political Science 270, Sociology 240, Humanities 202, History 141, 142, 230, Gen. Bus. 120, Art 112

This agreement will be reviewed for accuracy every two years following implementation, Fall of 2002, or before that date if program changes are instituted at either EWU or SFCC.

**Articulation Agreement SFCC Health/Fitness Technician-
 EWU Exercise Science**

	Fall		Winter		Spring	
Freshman SFCC	FMT 204	5	BIOL 101 (NS GEGR@EW)	5	A-P 242	5
	MATH 115 (GBUS 102-3cr)	5	ENGL 101	5	FMT 111	5
	HLTH 174	3	FMT 106	<u>5</u>	FMT 115	3
	PE 170	<u>3</u>			INT STU (pick from list)	<u>5</u>
	Total	16	Total	15	Total	18
				QUARTER TOTALS	49	
Sophomore SFCC	A-P 243 (NS GEGR)	5	ENGL 201	5	FMT 112	3
	FMT 119	3	FMT 209	5	FMT 225	3
	FMT 219	5	HLED 104	3	PE 266	1
	PE 184	<u>2</u>	PE 270	<u>3</u>	PE 267	2
	Total	15	Total	16	SOC 101 (SS 2 GEGR)	<u>5</u>
				Total	14	
				QUARTER TOTALS	45	
Junior EWU	CHEM 161 (NS GEGR)	5	CHEM 162	5	CHEM 163	5
	ELECTIVE	3	CMST 340	5	PHED 250	4
	HUM/FA LISR 1 GEGR	5	CPLA 101	1	PHED	3
	SS LIST 1 GEGR	<u>5</u>	ELECTIVE	2	HUM/FA LIST 2 GEGR	<u>5</u>
	Total	18	Total	18	Total	17
				QUARTER TOTALS	53	
Senior EWU	HUM/FA LIST 3 GEGR	5	PHED 252	4	PHED 495	<u>15</u>
	ELECTIVE	4	PHED 490	4		
	ELECTIVE	4	ELECTIVE	5		
	PHED 460	3	ELECTIVE	<u>5</u>		
	PHED 455	<u>2</u>				
Total	18	Total	18	Total	15	
				QUARTER TOTALS	51	

Eastern Washington University

Spokane Falls Community College

 Mark Baldwin, Assistant Vice Provost

 Mark Palek, Ph.D., Vice President of Learning

 Fritz Erickson, Ed.D.
 Dean, College of Education and Human
 Development

 Maury Ray, Ph.D., Dean of Health
 Physical Education and Recreation

 Alan Coelho, Ed.D.
 Chair, Department of Physical Education,
 Health and Recreation

 Tom Hopkins, Dean Professional
 Technical Education

 Wendy Repovich, Ph.D.
 Program Director, Exercise Science

 John S. Troppmann, M.A., Program
 Director, Health/Fitness Technician