ARTICULATION AGREEMENT

Eastern Washington University (EWU)
And
Spokane Falls Community College (SFCC)

Purpose:
To establish an agreement whereby the criteria for seamless transition of the Health Fitness Technology program at SFCC and the Exercise Science program at EWU is established. Students who complete the course work identified by this agreement for award of an Associate of Applied Science (AAS) degree in Health Fitness Technology at SFCC will be granted Junior (3rd year) standing for study of Exercise Science at EWU. This agreement is intended to eliminate duplication of course work and is consistent with the goals and objectives of both institutions.

Assumptions:
A minimum of 2.5 in each transferred Exercise Science course is required
A minimum of 2.0 in supporting courses, science, psychology or communications is required
Admission to the Exercise Science program at EWU requires a minimum grade point of 2.5
Students must complete 90 credit hours at EWU.
Students must have at least 50 credit hours of upper division (300 or 400 level).
The Exercise Science major consists of 58 credit hours of mandatory courses.
Residency requirements must be met.
Transcripts will reflect specific SFCC course numbers for which credit is awarded based on experience or training.

General Education Core Requirements:
Pre-university basic skills (0 - 16 credits with 2.0 GPA)
- Computer literacy (exam or CPLA 100). 1 credit
- Writing (ENGL 100 or pass a writing test), 5 credits
- Mathematics (intermediate algebra or pass a math test), 5 credits

University competencies (0-6 credits with 2.0 GPA)
- Computer literacy (exam or CPLA 101), 1 credit
- Writing (ENGL 101), 5 credits

University proficiencies (5 – 10 credits with 2.0 GPA)
- Writing (ENGL 201), 5 credits
- Mathematics (0 – 5 credits) may be satisfied by the following courses:
  1. MATH 115 (Mathematical reasoning)
  2. MATH 106 (Pre-calculus mathematics II)
  3. MATH 161 (Calculus I)
  4. MATH 200 (Finite)
  5. MATH 308 (Elementary probability statistics)
  6. MATH 211 & 212 (Structure of Elementary Math I & II)

Core requirements (8 courses and 40 credits) are subject to a previously negotiated agreement. Courses taken from humanities and fine arts, social sciences, and natural sciences. Two courses from one area and three from the other two breadth areas for a total of 8 general education core classes are required.

University graduation requirements:

1. Cultural and Gender Diversity (CMST 340) and International Studies
   a. Eight (8) credits minimum GECC courses; 5 total between two areas (HUM/FA, and SS).
   b. Only one course can be from the primary major department. -Senior capstone. EXSC 490 – Capstone in Exercise Science (4 credits)

SFCC/EWU Articulation

A four-year plan is included with all course work at both institutions listed.

Students will only be required to complete 50 credits of upper division course work for graduation instead of 60, per agreement with UAC with the recommendation that all elective courses at EWU will be selected from upper division (300, 400 level) courses.

This articulation agreement provides the following health/fitness technician course work at SFCC for equivalency with EWU exercise science courses for award of a BS in Exercise Science from EWU.

Course equivalency SFCC to EWU

HLTH 174 (3) First Aid is equivalent to HLED 192 (3) Sport Safety Training
A&P 242 (5) and 243 (5) Anatomy and Physiology is equivalent to BIOL 232 (5), 233 (5), 234 (5) Anatomy and Physiology (one course will be waived)
FMT 106 (5) Anatomical and Physiological Kinesiology is equivalent to PHED 249 (4) Anatomical Kinesiology
PE 270 (3) Nutrition for Fitness is equivalent to HLED 372 (3) Applied Nutrition and Physical Fitness
FMT 225 (3) Personal Training is equivalent to PHED 333 (3) Group Exercise/Personal Training
FMT 119 (3) Principles of Strength Training is equivalent to PHED 335 (2) Strength and Conditioning Prolab
FMT 209 (5) Cardiovascular Physiology is equivalent to EXSC 480 (3) Clinical Exercise Physiology
FMT 204 (5) Health Appraisal and Exercise Prescription is equivalent to PHED 250 (4) Physiological Kinesiology

SFCC courses that will be accepted for transfer credit as electives

HLTH 101 (3) Health and Wellness
FMT 111 (5) Physiology of Exercise
FMT 112 (3) Exercise and Aging

FMT 115 (3) Leadership Dynamics
NUTR 251 (5) Nutrition

This agreement will be reviewed for accuracy every two years following implementation, fall of 2009, or before that date if program changes are instituted at either EWU or SFCC.

Articulation Agreement SFCC Health/Fitness Technician – EWU Exercise Science

	Fall	Winter	Spring
Freshman SFCC	FMT 204 5 HLTH 174 3 SOC 101 (SS 2 GECR) 5 PE 170 3 TOTAL 16	BIOL 101 (NS GECR) 5 ENGL 101 5 FMT 106 5 TOTAL 15	A-P 242 5 FMT 111 5 FMT 115 3 INT STU 4 TOTAL 17 QUARTER TOTALS 48
Sophomore SFCC	A-P 243 (NS GECR) 5 FMT 119 3 FMT 219 5 PE 184 2 TOTAL 15	ENGL 201 5 FMT 209 5 HLTH 104 3 PE 270 3 TOTAL 16	FMT 112 3 FMT 225 3 PE 266 1 PE 267 2 MATH 115 5 TOTAL 14 QUARTER TOTALS 45
Junior EWU	CHEM 161 (NS GECR) 5 HUM/FA LIST 1 GECR5 SS LIST 1 GECR 5 TOTAL 15	CHEM 162 5 CMST 340 5 CPLA 101 1 CSBS 320 5 TOTAL 16	CHEM 163 5 PHED 252 4 EXSC 481 3 HUM/FA LIST 2 GECR5 TOTAL 17 QUARTER TOTALS 48
Senior EWU	HUM/FA LIST 3 GECR5 ELECTIVE 3 ELECTIVE 3 EXSC 460 4 EXSC 455 2 TOTAL 17	INT STUDIES 4 OR 5 EXSC 490 4 ELECTIVE 3 ELECTIVE 4 TOTAL 15 OR 16	EXSC 495 15 TOTAL 15 QUARTER TOTALS 47 OR 48

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HEALTH/FITNESS TECHNICIAN – EXERCISE SCIENCE

Eastern Washington University
And
Spokane Falls Community College

Eastern Washington University

Dean, College of Education and Human Development

Chair, Department of Physical Education, Health, and Recreation

Program Director, Exercise Science and Articulation Coordinator

Spokane Falls Community College

Dean of Health, Physical Education and Recreation

Dean, Professional Technical Education

Program Director, Health/ Fitness Technician and Articulation Coordinator